

# APOS

AMERICAN PSYCHOSOCIAL ONCOLOGY SOCIETY

## 7th Annual Conference

18-21 February 2010  
New Orleans, Louisiana, USA



jointly sponsored by

**USF**  
HEALTH



## Integrating Psychosocial Research and Practice in Quality Cancer Care: Confronting Challenges Together

### Target Audience

The American Psychosocial Oncology Society welcomes Physicians, Psychologists, Nurses, Social Workers, Mental Health Counselors, Marriage and Family Therapists, Patient Advocates, and anyone who is interested in identifying and treating the psychosocial effects of cancer.

### Learning Objectives

As a result of attending the APOS 7th Annual Conference, participants will be able to

1. Describe potential improvements in psychosocial cancer research and/or practice through enhancing networks and collaborations between researchers, practitioners and advocacy groups.
2. Translate research findings into evidence-based clinical and educational programs in all areas of psychosocial oncology (i.e., needs assessment, screening, patient navigation, survivorship care plans and their implementation).
3. Identify the range of emotional, cognitive, physical, social and spiritual needs of cancer survivors and members of their social networks.
4. Increase awareness among oncology professionals in providing psychosocial assessment and referral.
5. Identify groups that are at risk for receiving less than optimal medical care and develop strategies to reach out to members of these groups.
6. Describe the quality indicators for psychosocial care and the challenges of translating evidence-based programming into clinical practice.
7. Demonstrate successful implementation of research and/or practice programs to the specific needs of their institution, even in the face of limited resources.
8. Identify common ethical dilemmas encountered in psychosocial oncology and tools to address these.

APOS members for 2010 will receive reduced registration fees for the APOS 7th Annual Conference. APOS is the only multidisciplinary professional society in the United States dedicated to advancing the practice and science of psychosocial oncology. If you would like to take advantage of the members-only discount, please renew your membership or complete a membership application and submit payment for dues with your Conference Registration Form.

**Learn more at [www.apos-society.org/apos2010](http://www.apos-society.org/apos2010)**

## Mission

To advance the science and practice of psychosocial care for people with cancer

## Vision

A nation without suffering from unmet psychosocial needs of cancer

## Contact

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web: [www.apos-society.org](http://www.apos-society.org)

### General information

[info@apos-society.org](mailto:info@apos-society.org)

### Exhibits

[ivalentic@apos-society.org](mailto:ivalentic@apos-society.org)

### Support

[aball@apos-society.org](mailto:aball@apos-society.org)

# Thursday, 18 February

## Morning Sessions

8:00 – 10:00

### WORKSHOP 1

Using Qualitative Methods in Psychosocial Oncology Research  
**Continued**

Salon 824

### WORKSHOP 2

Teaching Men and Women How to Get the Best Out of Each Other in Times of Stress  
**Continued**

Salon 828

### WORKSHOP 3

What Do I Do Now? Enhancing Advocacy Skills Along the Survivorship Continuum  
**Continued**

Salons 825/829

### WORKSHOP 4

Intervention Updates and Research Lessons Learned: Measurement, Recruitment Issues and Community Participation...

**Continued**

Salon 817

10:00 – 10:30

Networking Beverage Break

10:30 – 12:00

### WORKSHOP 1

Using Qualitative Methods in Psychosocial Oncology Research

Salon 824

### WORKSHOP 2

Teaching Men and Women How to Get the Best Out of Each Other in Times of Stress

Salon 828

### WORKSHOP 3

What Do I Do Now? Enhancing Advocacy Skills Along the Survivorship Continuum

Salons 816/820

### WORKSHOP 4

Intervention Updates and Research Lessons Learned: Measurement, Recruitment Issues and Community Participation...

Salon 817

12:00 – 1:00

Lunch On Your Own

## Afternoon Sessions

1:00 – 3:00

### WORKSHOP 5

Psychosocial Oncology Research Methods: Introduction to Cohort Studies

**Continued**

Salon 824

### WORKSHOP 6

Cancer and Cognitive Impairment: Management of Cognitive Impairment in Adults with Cancer

**Continued**

Salon 828

### WORKSHOP 7

Psychosocial Issues for Adolescent and Young Adult Cancer Patients: Research and Clinical Practice

**Continued**

Salon 825/829

### WORKSHOP 8

Building Integrated Psychosocial Programs of Excellence: Creating and Growing Value-Based Programs

**Continued**

Salon 817

3:00 – 3:30

Networking Beverage Break

3:30 – 5:00

### WORKSHOP 5

Psychosocial Oncology Research Methods: Introduction to Cohort Studies

Salon 824

### WORKSHOP 6

Cancer and Cognitive Impairment: Management of Cognitive Impairment in Adults with Cancer

Salon 828

### WORKSHOP 7

Psychosocial Issues for Adolescent and Young Adult Cancer Patients: Research and Clinical Practice

Salons 825/829

### WORKSHOP 8

Building Integrated Psychosocial Programs of Excellence: Creating and Growing Value-Based Programs

Salon 817

## Conference Events

5:00 – 6:00

Annual Business Meeting – Members and Nonmembers Welcome  
Grand Ballroom B

6:00 – 8:00

Conference Opening Reception  
Grand Ballroom A&C

Program subject to change.

# Friday, 19 February

7:00 - 7:30	Wellness Session 1: Yummy Feel Good Movement Gallier A/B		
7:30 - 8:00	Wellness Session 2: Unconditioned Awareness Gallier A/B		
8:15 - 9:55	Opening Plenary Breakfast, featuring Keynote Speaker Harold P. Freeman MD Armstrong Ballroom		
10:00 - 11:30	<p><b>SESSION 1 - SYMPOSIUM</b></p> <p>Advancing the Science of Patient-Reported Outcomes Assessment in Cancer Research Grand Ballroom A/B</p>	<p><b>SESSION 2</b></p> <p>Practical Issues of Survivorship Grand Ballroom D</p>	<p><b>SESSION 3</b></p> <p>Caregiver and Family Issues Grand Ballroom E</p>
11:30 - 1:00	Networking Lunch Armstrong Ballroom	SIG Meetings TBA	
1:00 - 2:30	<p><b>SESSION 4 - SYMPOSIUM</b></p> <p>Dissemination of a Community-Based Program to Enhance the Transition from Active Cancer Treatment to Life Post-Treatment Grand Ballroom A/B</p>	<p><b>SESSION 5</b></p> <p>Survivorship: Coping and Outcomes Grand Ballroom D</p>	<p><b>SESSION 6</b></p> <p>Minority Issues Grand Ballroom E</p>
2:30 - 3:30	Attended Poster Session / Networking and Beverage/Snack Break Grand Ballroom C		
3:30 - 5:00	<p><b>SESSION 7 - SYMPOSIUM</b></p> <p>Spirituality and Cancer: How it Helps and How to Effectively Help Clients Use it to Cope Grand Ballroom A/B</p>	<p><b>SESSION 8</b></p> <p>Palliative Care Grand Ballroom D</p>	<p><b>SESSION 9</b></p> <p>Models and Systems of Care Grand Ballroom E</p>
5:30 - 6:30	Mentoring Reception Grand Couteau		

Program subject to change.

# Saturday, 20 February

7:30 - 8:00	Wellness Session 3: Gentle Yoga Gallier A		
8:00 - 9:00	Continental Breakfast with Posters and Exhibitors Grand Ballroom C	SIG Meetings TBA	
9:00 - 10:00	Plenary Session, featuring Keynote Speaker Paul B. Jacobsen PhD and 2010 Award Presentations Armstrong Ballroom		
10:00 - 11:00	Attended Poster Session, Networking and Beverage Break Grand Ballroom C		
11:00 - 12:30	<b>SESSION 10 - SYMPOSIUM</b>  Resilience in Cancer Patients  Grand Ballroom A/B	<b>SESSION 11</b>  Symptom Management  Grand Ballroom D	<b>SESSION 12</b>  Caregiver and Family Issues  Grand Ballroom E
12:30 - 2:00	Meet-the-Experts Lucheons OR Lunch on Your Own 8th Floor		
2:00 - 3:30	<b>SESSION 13 - SYMPOSIUM</b>  Providing Psychosocial Services for Military Veterans with Cancer  Grand Ballroom A/B	<b>SESSION 14 - INVITED SYMPOSIUM</b>  Society for Integrative Oncology Practice Guidelines  Grand Ballroom D	<b>SESSION 15 - SYMPOSIUM</b>  Psychosocial And Biomarker Correlates of Sleep Quality and Quantity in Breast and Prostate Cancer Patients and Survivors  Grand Ballroom E
3:30 - 4:00	Networking Break with Posters and Exhibitors Grand Ballroom C		
4:00 - 5:30	<b>SESSION 16 - SYMPOSIUM</b>  The Interdisciplinary Colorectal Cancer Survivorship Research Program  Grand Ballroom A/B	<b>SESSION 17</b>  Medical Decision Making  Grand Ballroom D	<b>SESSION 18</b>  Distress Screening  Grand Ballroom E

Program subject to change.

# Sunday, 21 February

8:00 – 11:00

Workshop 9:  
Sexuality Changes Across the Cancer Continuum of Care  
Salons 825/829

Workshop 10:  
Navigating Patients Through the Legal and Financial Maze of Cancer Diagnosis  
Salon 828

Workshops at a glance

## Don't Miss the "Meet the Expert" Luncheons!

12:30 - 2:00 PM, Saturday, 20 February 2010, \$18 per ticket

Remember to sign up for the session of your choice when registering.

New for 2010

1. Quick, Strategic Caregiver Interventions over the Continuum of Care: Michelle Bishop PhD, Ashley Varner MSW, MBA
2. How to be a Successful Psychosocial Oncology Clinician: Susan Ash-Lee MSW, Jimmie Holland MD, Matthew Loscalzo MSW, Sean Phipps PhD
3. Spirituality and Cancer: Advice from Research to Delivery of Care: George Handzo, Ellen Levine PhD, MPH, Jane Mather MA, BCC, Natalie Hamrick PhD
4. Patient Navigation at your Institution: Harold Freeman MD
5. NCI Cancer Survivorship: Current Funding Priorities and Opportunities: Julia Rowland PhD

The American Psychosocial Oncology Society (APOS) invites you to participate in the APOS 7th Annual Conference, 18 – 21 February 2010, in New Orleans, LA.

The conference theme, “Integrating Psychosocial Research and Practice in Quality Cancer Care: Confronting Challenges Together,” underscores the value of bringing together the many disciplines that support cancer patients and their caregivers. The 2010 conference promises to draw 400+ psychiatrists, oncologists, psychologists, nurses, social workers, clergy and patient advocates from around the United States and the world. This is a unique opportunity to meet with psychosocial oncology clinicians, researchers, administrators and advocates in one venue.



See you in the Big Easy!  
APOS 2010 Scientific Program Committee

## Scientific Program Committee

### Executive Committee

Natalie Hamrick, PhD, Chair  
*Indiana University School of Medicine*  
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Melanie Goldish, MA  
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Patricia B. Mumby, PhD  
Shannon Nanna, PsyD  
Sean Ransom, PhD  
Maureen M. Rigney, LICSW  
Dianne Shumay, PhD  
Melissa Sileo, MSW, LCSW  
Diane Thompson, MD  
Peter C. Trask, PhD, MPH  
Gwen K. Wyatt, PhD, RN  
Lori Wiener, PhD

# Conference Information

## Invited Speakers

### Harold P. Freeman, MD



Dr. Freeman is the President and Founder of The Ralph Lauren Center for Cancer Care and Prevention in New York City and Founder of The Harold P. Freeman Patient Navigation Institute. He is also the Senior Advisor to the Director of the National Cancer Institute (NCI) and Director of the NCI Center to Reduce Cancer Health Disparities. Dr. Freeman is a past National President of the American Cancer Society. He served for 11 years as Chairman of the U.S. President's Cancer Panel.

### Paul B. Jacobsen, PhD



Dr. Jacobsen is the program leader for Health Outcomes & Behavior, division chief for Psychosocial & Palliative Care, and scientific director for the Survey Methods Core Facility at Moffitt Cancer Center in Tampa, FL. He is also a professor of Psychology and Interdisciplinary Oncology at the University of South Florida. Dr. Jacobsen's work focuses on identifying and promoting behaviors that can lead to reductions in cancer risk, earlier detection of cancer, and improved quality of life following cancer diagnosis. He is a past president of APOS and serves on the Psychosocial Risk and Disease Prevention Study Section at National Institutes of Health.

### How Sessions Are Determined

A call for workshop proposals was distributed in June 2009. Workshops were reviewed and selected by members of the Scientific Program Committee and Board of Directors.

The Call for Abstracts for poster or podium (oral) presentation at the conference was distributed in July 2009; abstract submissions were reviewed in October 2009 by members of the Scientific Program Committee and APOS Board of Directors.

### Certificates of Attendance

Certificates of attendance will be available at the Registration Desk. The certificate of attendance does not imply receipt of CE/CME credits. USF Health will send CE/CME certificates by mail approximately 6 – 8 weeks after the conference. See Page 9 for CE/CME information.

### Dress

Dress is business casual. We recommend that you bring a sweater or jacket to wear in the session rooms as the temperature varies throughout the day.

### Annual Business Meeting

APOS invites all attendees to participate in the APOS Annual Business Meeting, 5:00 – 6:00 pm on Thursday, 18 February 2010.

# APOS Officers and Advisory Board

## 2009 – 2010 Officers

### President

Peter C. Trask, PhD, MPH  
*Pfizer Inc*

### President-Elect

Terry Badger, PhD, FAAN  
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## 2009 – 2010 Directors

Victoria Kennedy  
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Lynda Mandell, MD, PhD, FACR  
*Lynda Mandell MD, PLLC*

Jane Mather, MA  
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## 2009 – 2010 Invited Directors

Marcia D. DeSonier, MSW  
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## APOS Advisory Board

### Co-Chairs

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### Members

Janet L. Abraham, MD  
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Karlynn BrintzenhofeSzoc, DSW  
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Helene G. Brown  
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Elizabeth J. Clark, PhD, ACSW, MPH  
National Association of Social Workers (NASW)

Barbara I. Damron  
Damron Oncology Consulting

Betty R. Ferrell, RN, PhD  
City of Hope Medical Center

Kathleen Foley, MD  
Memorial Sloan-Kettering Cancer Center

Patricia A. Ganz, MD  
UCLA Schools of Medicine & Public Health

Pamela J. Goodwin, MD  
Mt. Sinai Hospital

Susan E. Grober, PhD  
Cancer Care, Inc

Jessie Gruman, PhD  
Center for the Advancement of Health

John Hayes, MD  
Lilly Corporate Center

Julia H. Rowland, PhD  
National Cancer Institute (NCI)

Mary A. Simmonds, MD, FACP  
American Cancer Society

Ellen Stovall  
The National Coalition for Cancer Survivorship (NCCS)

Kim D. Thiboldeaux  
The Wellness Community - National

Jerome W. Yates, MD, MPH  
American Cancer Society

# Continuing Education



Continuing Education is offered through the University of South Florida (USF) for physicians, nurses, social workers, mental health counselors and marriage and family counselors.

You may elect to receive continuing education credit for your participation when you register for the conference. A one-time fee of \$50 applies regardless of the number or type of continuing education credits.

**Faculty disclosure:** The University of South Florida College of Medicine adheres to the ACCME Standards regarding commercial support of continuing medical education. It is the policy of USF College of Medicine that the faculty and planning committee disclose real or apparent conflicts of interest relating to the topics of this educational activity, that relevant conflicts of interest are resolved and that speakers will disclose any unlabeled/unapproved use of FDA-approved drugs or devices during their presentations. Detailed disclosure will be made in the course syllabus.

**Physicians:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of South Florida College of Medicine and the American Psychosocial Oncology Society. The University of South Florida College of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of South Florida College of Medicine designates this educational activity for a maximum of 22 AMA PRA Category 1 Credits™; Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Nurses:** The University of South Florida College of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This activity is for 22 contact hours.

**Psychologists:** The University of South Florida College of Medicine is approved by the American Psychological Association to sponsor continuing education for psychologists. This activity is offered for up to 22 hours of continuing education credit. The University of South Florida College of Medicine maintains responsibility for this program and its content.

**Florida Licensed Clinical Social Workers, Licensed Marriage and Family Therapists, Licensed Mental Health Counselors:** The University of South Florida College of Public Health is an approved provider of continuing education credits for clinical social work, marriage and family therapy and mental health counseling. This program has been reviewed and approved for up to 26.4 contact hours. Clinical social workers, marriage and family therapists and mental health counselors licensed outside the state of Florida should submit their certificate of attendance to the appropriate agency to receive their contact hours

# Travel Information

The APOS 7th Annual Conference will be held at the Sheraton New Orleans, located on historic Canal Street bordering the French Quarter. APOS has secured the conference room rate of \$159 per night (exclusive of applicable taxes/fees).

## Sheraton New Orleans

500 Canal Street  
New Orleans, LA 70130 USA  
Reservations: 888.627.7033  
Phone: 504.525.2500  
Fax: 504.595.5552

The guest room block and group rate negotiated with the hotel includes costs to provide us with the large quantity of meeting space we require for the meeting. If we do not occupy a sufficient amount of guest rooms throughout the conference, we will incur penalties and additional costs. Therefore, we urge all meeting participants to stay in the conference hotel.

All APOS attendees are eligible to win a **complimentary three night stay** for the annual conference if you stay at the Sheraton New Orleans. The drawing will take place during the Opening Plenary Session on Friday, 19 February 2010. The winner will receive a credit for their stay at that time so you must be present to win!



## Hotel Policies

**Early departure fee:** In the event you check out prior to your reserved check-out date, an early departure fee of one room night plus tax will be charged to your account. To avoid this fee, you must advise the hotel at or before check-in of any change to your scheduled stay.

**Guest room reservations:** A valid credit card is required to hold your reservation. This credit card will be charged one night's room rate and tax if your reservation is cancelled within 72 hours prior to arrival.

**Special rate cut-off date:** APOS cannot guarantee the group rate for reservations made after 5:00 pm EST on **25 January 2010**.

## Airport

New Orleans is serviced by the Louis Armstrong New Orleans International Airport. The Sheraton New Orleans is approximately 16 miles from the airport (about 30 minutes away).

[www.flymsy.com](http://www.flymsy.com)

# Preconference Workshops

Pre- and postconference workshops will be offered in conjunction with the APOS 7th Annual Conference.

## Thursday, 18 February 2010, Morning Workshops

8:00am - 12:00pm (1/2 hour networking break)

### 1. Using Qualitative Methods in Psychosocial Oncology Research

**Presenters:** Elyse R. Park PhD, MPH<sup>1</sup>, Vani Simmons, PhD<sup>2</sup>

<sup>1</sup>*Massachusetts General Hospital, Boston, MA* <sup>2</sup>*Moffitt Cancer Center, Tampa, FL*

**Target Audience:** Clinicians, Clinical Researchers

**Learning Level:** Beginner/Intermediate

This workshop will take participants through steps of qualitative research, from transforming a clinical observation into a qualitative research pursuit to publishing qualitative findings. Presenters will provide an in-depth overview of the features of and uses for qualitative research, selecting the appropriate qualitative method, and strengths and limitations of qualitative research, as well as mixed methods — combining qualitative and quantitative research. The workshop will review qualitative methodology including how to formulate a research question, develop an interview tool, determine a sampling framework, establish reliability and validity, and conduct data analysis. Participants will have opportunities to present their research ideas, develop qualitative interview questions and develop a design framework.

### 2. Teaching Men and Women How To Get the Best Out of Each Other in Times of Stress

**Presenters:** Matthew Loscalzo MSW, Karen Clark MS, *City of Hope National Medical Center, Duarte, CA*

**Target Audience:** Researchers, Clinicians, Advocates, Administrators, Educators

**Learning Level:** Beginner/Intermediate/Expert

Research has clearly demonstrated that the intellectual differences between women and men are very small compared to their many similarities. But when it comes to coping with cancer, frequently small differences have a big impact. This workshop will offer a new paradigm for the recruitment and engagement of men and women focused on a strengths-based problem-solving approach. Workshop participants will participate in interactive exercises and discussion of this new area of growth for psychosocial oncology.

# Preconference Workshops

## 3. What Do I Do NOW? Enhancing Advocacy Skills Along the Survivorship Continuum

**Presenters:** Anne Willis MA<sup>1</sup>, Susan Leigh RN, BSN<sup>1</sup>, Tani Bahti RN, CT, CHPN<sup>2</sup>

<sup>1</sup>*National Coalition for Cancer Survivorship, Washington, DC*; <sup>2</sup>*PASSAGES - Support & Education in End of Life Issues, Tucson, AZ*

**Target Audience:** Clinicians, Advocates

**Learning Level:** Beginner/Intermediate/Expert

This workshop will explore advocacy tools that enable people affected by cancer to take a more active role in their care from diagnosis through the end of life. Presenters will discuss the attributes and the importance of shared decision-making and how it relates to survivorship care planning. Participants will learn how to implement several tools to improve patient-clinician communication and how to incorporate self-advocacy skills training into a variety of settings. End-of-life issues will also be discussed, as well as the appropriate times and ways to address these issues.

## 4. Intervention Updates and Research Lessons Learned: Measurement, Recruitment Issues and Community Participation in Working with Latinas, Asian American and Native American Populations

**Presenters:** Carolyn Messner, DSW, MSW, LCSW-R, BCD<sup>1</sup>, Anna Napoles, PhD, MPH<sup>2</sup>, Wesley Petersen, PhD, MEd<sup>3</sup>, Kimlin Tam Ashing-Giwa, PhD<sup>4</sup>

<sup>1</sup>*CancerCare, New York, NY*; <sup>2</sup>*University of California San Francisco, San Francisco, CA*; <sup>3</sup>*Mayo Clinic Cancer Center, Rochester, MN*; <sup>4</sup>*City of Hope National Medical Center, Duarte, CA*

**Target Audience:** Researchers, Clinicians

**Learning Level:** Intermediate

Presenters will identify key steps in adapting interventions for minority populations, including Latinas, Asian American and Native American populations; describe the role of formative qualitative data in adaptation of interventions; identify key cultural themes in adapting psychosocial interventions; and delineate critical strategies for involving communities in the adaptation and research process. Participants will engage in a dynamic, interactive dialogue in which they will be invited to ask questions and share some of their research and intervention challenges, including recruitment and community partnership experiences and lessons learned.

# Preconference Workshops

## Thursday 18 February 2010, Afternoon Workshops

1:00pm - 5:00pm (1/2 hour networking break)

### 5. Psychosocial Oncology Research Methods: Introduction to Cohort Studies

**Presenters:** William Pirl MD, MPH<sup>1</sup>, Christopher Recklitis PhD, MPH<sup>2</sup>, Elyse R. Park PhD, MPH<sup>1</sup>  
*<sup>1</sup>Massachusetts General Hospital, Boston, MA; <sup>2</sup>Dana-Farber Cancer Institute, Boston, MA*

**Target Audience:** Researchers, Clinicians

**Learning Level:** Beginner

Cohort studies, in which patients who have a certain condition or treatment are followed over time and compare to an unaffected group, present a great opportunity for oncology clinicians to do research given their potential integration into clinical services and their relatively low cost. This workshop provides an introduction to the methodology of prospective and retrospective cohort studies. It is broken into sections that cover the basic design and analysis of cohort studies and has an interactive discussion in which workshop attendees are encouraged to present ideas for cohort studies that they might be able to conduct on their own.

### 6. Cancer and Cognitive Impairment: Management of Cognitive Impairment in Adults with Cancer

**Presenters:** Lynne S. Padgett PhD<sup>1</sup>, Lynne Wagner PhD<sup>2</sup>, Robert J. Ferguson PhD<sup>3</sup>  
*<sup>1</sup>Kaiser Permanente, Atlanta, GA; <sup>2</sup>Lurie Comprehensive Cancer Center, Chicago, IL; <sup>3</sup>Eastern Maine Medical Center, Bangor, ME*

**Target Audience:** Researchers, Clinicians, Advocates

**Learning Level:** Beginner/Intermediate/Expert

This workshop will review the research of cognitive impairments in adult cancer patients, including design, measurement, and analysis. Multiple challenges will be presented, including assessment of cognitive functioning and the relationship between perceived impairment and neuropsychological results. In addition, the biologic role of cancer, as well as cancer treatment, impact on cognitive functioning will be considered. The design of the Memory and Attention Adaptation Training (MAAT) model, results of MAAT intervention research, future directions and clinical cases will also be discussed. Design of clinical interventions drawing from current research with adults, as well as interventions with children and adolescents, will be reviewed. Presenters will discuss disability claims and present a group, single-visit psychoeducational community program.

# Preconference Workshops

## 7. Psychosocial Issues for Adolescent and Young Adult Cancer Patients: Research and Clinical Practice

**Presenters:** Karen M Fasciano PsyD<sup>1</sup>, Rebecca Block MSW, PhD<sup>2</sup>, Brad Zebrack PhD, MSW<sup>3</sup>, MPH, Julie Larson, LMSW<sup>4</sup>

<sup>1</sup>*Dana Farber Cancer Institute, Boston, MA;* <sup>2</sup>*Oregon Health and Science University, Portland, OR;* <sup>3</sup>*University of Michigan School Of Social Work, Ann Arbor, MI;* <sup>4</sup>*Cancer Care, New York, NY*

**Target Audience:** Researchers, Clinicians

**Learning Level:** Beginner/Intermediate

Integrating research and clinical perspectives, this workshop will illuminate the unique psychosocial issues for adolescent and young adult (AYA) cancer patients. The goals of this workshop are to (a) identify the unique burden of cancer, (b) discuss theoretical and empirical literature and its implications for conducting age- and culturally-appropriate clinical practice and research; and (c) provide a forum for discussion of cases and innovative approaches to clinical practice and peer support.

## 8. Building Integrated Psychosocial Programs of Excellence: Creating and Growing Value-Based Programs

**Presenters:** Matthew Loscalzo MSW<sup>1</sup>, Karen Clark MS<sup>1</sup>, Barry D. Bultz PhD, R. Psych<sup>2</sup>

<sup>1</sup>*City of Hope National Medical Center, Duarte, CA;* <sup>2</sup>*Tom Baker Cancer Centre, and Faculty of Medicine, University of Calgary, Calgary, Canada*

**Target Audience:** Researchers, Clinicians, Advocates, Administrators, Educators

**Learning Level:** Beginner/Intermediate/Expert

This highly interactive workshop is organized to clearly demonstrate and to have the participants experience, first-hand, a staff leadership model that focuses on creating leadership opportunities for all members of the health care team in creating patient-centered programs. Participants will break into small groups to develop a comprehensive list of potential barriers related to their individual situations. The groups will then work together to develop a variety of creative strategies to identify and maximize resources unique to their settings. The participants will also be given the opportunity to create a leadership support network as part of the workshop.

# Postconference Workshops

## Sunday 21 February 2010

8:00am - 11:00am (continental breakfast at 7:30am)

### 9. Sexuality Changes Across the Cancer Continuum of Care

**Presenters:** Mary K. Hughes, MS, RN, CNS, CT<sup>1</sup>; Les Gallo-Silver ACSW, LCSW-R<sup>2</sup>

<sup>1</sup>*M.D. Anderson Cancer Center, Houston, TX;* <sup>2</sup>*LaGuardia Community College, Long Island City, NY*

**Target Audience:** Clinicians

**Learning Level:** Intermediate/Expert

This workshop will describe sexuality issues that emerge with diagnosis and continue through treatment, post-treatment and at the end of life. Presenters will describe the uniqueness of each phase along the cancer continuum and address acute and chronic sexuality changes. Options for treatment, rehabilitation and adaptation will be explored. Participants will learn how to do a basic sexual assessment during a role play exercise and have an opportunity to present case studies and problem solve as a group.

### 10. Navigating Patients Through the Legal and Financial Maze of a Cancer Diagnosis

**Presenters:** Joanna L. Fawzy Morales Esq<sup>1</sup>, Ashley Varner, MSW, MBA<sup>2</sup>

<sup>1</sup>*Cancer Legal Resource Center, Los Angeles, CA;* <sup>2</sup>*The Wellness Community, Washington, DC*

**Target Audience:** Researchers, Clinicians, Advocates

**Learning Level:** Beginner/Intermediate

This workshop will provide detailed information on clinical screening and assessment of cancer patients with regard to health insurance and financial status, as well as substantive information about cancer-related legal issues. Presenters will focus on providing healthcare professionals with tools to identify the presence of cancer-related legal issues for their patients and to offer referral to appropriate legal resources. The need for cancer-related legal training for healthcare professionals is based on the ever-increasing number of cancer survivors, the higher turnover of healthcare professionals in the oncology community, and a continually changing legal landscape.

# Exhibitor and Supporter Information

## Thursday, 18 February 2010

8:00 am – 5:00 pm	Preconference Workshops
3:00 pm – 5:30 pm	Exhibitor Set-up
5:00 pm – 6:00 pm	APOS Annual Business Meeting
6:00 pm – 8:00 pm	Opening Reception with Posters and Exhibitors

## Friday, 19 February 2010

8:30 am – 3:30 pm, *Posters and Exhibits available for viewing*

7:00 am – 7:30 am	Wellness Session 1
7:30 am – 8:00 am	Wellness Session 2
8:15 am – 9:55 am	Opening Plenary Breakfast
10:00 am – 11:30 am	Concurrent Sessions
11:30 am – 1:00 pm	Plated Networking Lunch Special Interest Group Meetings
1:00 pm – 2:30 pm	Concurrent Sessions
2:30 pm – 3:30 pm	Networking and Beverage Break with Exhibitors Attended Poster Session 1
3:30 pm – 5:00 pm	Concurrent Sessions
5:30 pm – 6:30 pm	Mentoring Reception

## Saturday, 20 February 2010

8:00 am – 4:00 pm *Posters and Exhibits available for viewing*

7:30 am – 8:00 am	Wellness Session 3
8:00 am – 9:00 am	Continental Breakfast with Posters and Exhibitors Special Interest Group Meetings
9:00 am – 10:00 am	Plenary Session
10:00 am – 11:00 am	Networking and Beverage Break with Exhibitors Attended Poster Session 2
11:00 am – 12:30 pm	Concurrent Sessions
12:30 pm – 2:00 pm	“Meet the Expert” Luncheons or Lunch on Your Own
2:00 pm – 3:30 pm	Concurrent Sessions
3:30 pm – 4:00 pm	Networking and Beverage Break with Exhibitors
4:00 pm – 5:30 pm	Concurrent Sessions
4:00 pm – 5:30 pm	Poster/Exhibitor Teardown

## Conference Schedule

### Grant Support

Register as an APOS 7th Annual Conference Supporter and contribute to the success of this innovative and growing annual event by underwriting an event at the conference. We have support packages to fit any budget. Conference supporters are featured prominently on the conference website and in all conference materials. For information about opportunities to support the conference see [www.apos-society.org/apos2010/supporters.asp](http://www.apos-society.org/apos2010/supporters.asp). Tailored support packages are available.

### Exhibit

Network with the expected 400 attendees representing the diverse community of psychosocial oncology professionals by registering for a table-top exhibit. Exhibitors are listed on the conference website, in the conference program book, on signage and on screen prior to plenary sessions. Visit our website for more information at [www.apos-society.org/apos2009/exhibits.asp](http://www.apos-society.org/apos2009/exhibits.asp).

### Contribute an Attendee Gift

You can also contribute to the APOS 6th Annual Conference by providing an attendee gift for the conference bags. Possible gifts include badge holders, stress balls, pens and pads, etc. You also may provide informational resources (flyers, books, pamphlets) for the resource table, located next to the registration desk. Visit [www.apos-society.org/apos2010/supporters.asp](http://www.apos-society.org/apos2010/supporters.asp) for information.

# Registration Policies

**Registration Policy:** Register before 25 January 2010 to take advantage of reduced registration fees! Annual Conference registration includes the Opening Reception, plenary and concurrent sessions, abstract book, program book, and scheduled breakfasts, lunches and breaks as outlined in the program.

**Refund Policy:** Refund requests must be made in writing to APOS Headquarters on or prior to 25 January 2010. A 75% refund of the Annual Conference and workshop(s) registration fees will be given for cancellations received on or prior to 25 January 2010. No refunds will be made after 25 January 2010. No refunds will be made to individuals who attend a portion of the meeting. No refunds will be made for cancellations due to inclement weather. APOS reserves the right to substitute faculty, or cancel or reschedule sessions (because of low enrollment or other circumstances). If APOS must cancel the conference in its entirety, APOS may refund the appropriate registration fees to all conference registrants; no refunds will be made for travel expenses related to the conference.

**Refunds in case of Emergency:** If you are unable to attend the workshop(s) or the Conference based on serious illness or death (of self or a family member), a partial refund (amount paid minus a \$55 processing charge) may be granted. Emergency refund requests must be made in writing to APOS Headquarters at the following address. The Program Chair reviews all requests to ensure compliance with policy.

**APOS**  
**154 Hansen Road**  
**Suite 201**  
**Charlottesville, VA 22911**  
**USA**  
**Fax: +1 434.977.1856**  
**info@apos-society.org**

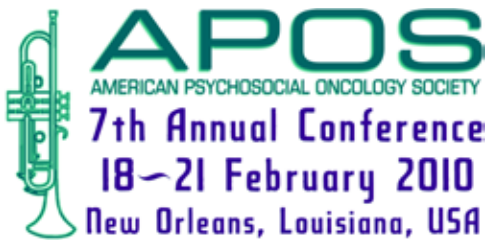
**Substitution Policy:** If you are unable to attend workshops or the Conference, you are welcome to send a colleague in your place. There is no fee to make this change up to 25 January 2010. Substitutions after 25 January 2010 will incur a \$55.00 processing fee.

**Returned Check Policy:** Remittance must be made in U.S. Dollars. A \$25.00 surcharge may be assessed to cover any collection fees.

**Important Payment Note:** The registration form must be accompanied by your credit card information or check in full payment of all applicable fees. All non-U.S. registrants will be charged the U.S. Dollar equivalent at the time the charge is processed, unless otherwise indicated. To qualify for early registration rates, complete registration must be submitted online, faxed or postmarked no later than 25 January 2010.

**Exhibitors:** Exhibitors are subject to the same refund and substitution policies above. However, exhibitors do not qualify for refunds in case of emergency with the belief that an exhibiting organization can send another representative if the original representative is unable to attend.

**Media Attendance:** The APOS Scientific Program Committee may issue press passes to representatives of news media outlets that APOS solicits to attend the conference.



# Attendee Registration Form

Send form by fax to +1 434.977.1856 or mail to the American Psychosocial Oncology Society, 154 Hansen Rd., Suite 201, Charlottesville VA 22911 USA

Please print clearly in **blue** or **black** ink.

Name: (circle one) Dr Mr Ms \_\_\_\_\_  
(First) (Middle Initial) (Last) (Suffix/Degree)

Badge Name: \_\_\_\_\_ Title: \_\_\_\_\_  
(First Name or Nickname)

Organization: \_\_\_\_\_

Division/Dept: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State: \_\_\_\_\_ ZIP/Post Code: \_\_\_\_\_ Country: \_\_\_\_\_

Phone: \_\_\_\_\_ FAX: \_\_\_\_\_ E-mail: \_\_\_\_\_

I do NOT want my contact information on the conference registration list. *This list is provided to attendees for personal use only.*

	MEMBER*		NONMEMBER		STUDENT**		
	by	after	by	after	by	after	
	1/25	1/25	1/25	1/25	1/25	1/25	
<b>PRECONFERENCE WORKSHOPS</b>							
<b>Morning Thursday, 18 February 2010</b>	early	reg	early	reg	early	reg	
<input type="checkbox"/> 1. Using Qualitative Methods in Research	\$165	\$210	\$230	\$275	\$110	\$155	\$ _____
<input type="checkbox"/> 2. Teaching Men and Women	\$165	\$210	\$230	\$275	\$110	\$155	\$ _____
<input type="checkbox"/> 3. What do I do NOW?	\$165	\$210	\$230	\$275	\$110	\$155	\$ _____
<input type="checkbox"/> 4. Intervention Updates and Research Lessons	\$165	\$210	\$230	\$275	\$110	\$155	\$ _____
<b>Afternoon Thursday, 18 February 2010</b>	early	reg	early	reg	early	reg	
<input type="checkbox"/> 5. Psychosocial Oncology Research Methods	\$165	\$210	\$230	\$275	\$110	\$155	\$ _____
<input type="checkbox"/> 6. Cancer and Cognitive Impairment	\$165	\$210	\$230	\$275	\$110	\$155	\$ _____
<input type="checkbox"/> 7. Psychosocial Issues for Adolescents	\$165	\$210	\$230	\$275	\$110	\$155	\$ _____
<input type="checkbox"/> 8. Building Psychosocial Programs	\$165	\$210	\$230	\$275	\$110	\$155	\$ _____

<b>POSTCONFERENCE WORKSHOPS</b>							
<b>Morning Sunday, 21 February 2010</b>	early	reg	early	reg	early	reg	
<input type="checkbox"/> 9. Sexuality Changes Across Continuum	\$165	\$210	\$230	\$275	\$110	\$155	\$ _____
<input type="checkbox"/> 10. Navigating Patients Legal/Financial	\$165	\$210	\$230	\$275	\$110	\$155	\$ _____

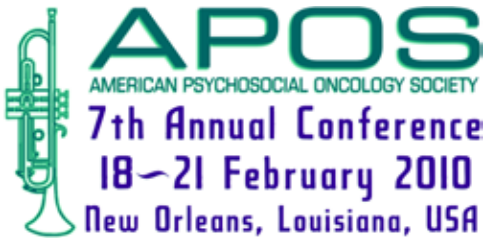
<b>ANNUAL CONFERENCE</b>							
<b>Friday – Saturday, 19 – 20 February 2010</b>	early	reg	early	reg	early	reg	
<input type="checkbox"/> Annual Conference	\$380	\$480	\$650	\$750	\$240	\$340	\$ _____
<b>One Day-Only Registration</b>	early	reg	early	reg	early	reg	
<input type="checkbox"/> Friday, 19 February 2010, <b>Only</b> or	\$220	\$265	\$350	\$395	\$145	\$190	\$ _____
<input type="checkbox"/> Saturday, 20 February 2010, <b>Only</b>	\$220	\$265	\$350	\$395	\$145	\$190	\$ _____

**MEET THE EXPERT LUNCHES Saturday, 20 February 2010 (SELECT ONLY ONE)** \$18

- 1. Quick, Strategic Caregiver Interventions over the Continuum of Care
- 2. How to be a Successful Psychosocial Oncology Clinician
- 3. Spirituality and Cancer: Advice from Research to Delivery of Care
- 4. Patient Navigation at your Institution
- 5. NCI Cancer Survivorship: Current Funding Priorities

**SUBTOTAL PAGE 1 FEES** \$ \_\_\_\_\_

\*To qualify for member rates, you must be a 2010 APOS member. \*\*To qualify for student rates, your advisor/dept chair must verify your student status by signing the reverse of this form or submitting verification in writing to [info@apos-society.org](mailto:info@apos-society.org).



Register Online at [www.apos-society.org/apos2010](http://www.apos-society.org/apos2010)  
Attendee Registration Form

Send form by fax to +1 434.977.1856 or mail to the  
American Psychosocial Oncology Society, 154 Hansen Rd., Suite 201,  
Charlottesville VA 22911 USA

Please print clearly in **blue** or **black** ink.

Registrant Name \_\_\_\_\_  
(First) (Middle) (Last)

CONTINUING EDUCATION

Continuing Education Certificate for Workshop(s) and/or Conference Attendance \$ 50

OPENING RECEPTION AND POSTER SESSION ONE

Thursday, 18 February 2010, 6:00 – 8:00 pm

Check here if you plan to attend. Complimentary with conference registration. Complimentary

Guest Ticket(s) for Opening Reception (for NON-Registrants) \$ 20 No. \_\_\_\_

2010 APOS MEMBERSHIP

Add a 2010 membership to your registration. New members must submit an application. See [www.apos-society.org](http://www.apos-society.org) for journal subscription options.

Full (\$175)  Full 2 years (\$350)  Associate (\$175)  Associate 2 years (\$350)  Student (\$125) \$ \_\_\_\_\_  
(verification required below)

SPECIAL NEEDS

Dietary restrictions, please circle: Food Allergy Kosher Vegetarian Vegan

If you have food allergies, please list: \_\_\_\_\_

Other special needs, please list: \_\_\_\_\_

EMERGENCY CONTACT

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

SPECIAL INTEREST GROUPS (SIGs)

Register to attend a meeting of one of the following SIGs. (Date and time TBA.) Please check one or more.

- Bereavement  Genetics  Health Disparities  Electronic Medical Records
- Patient Navigation  Pediatrics  Sexual & Reproductive Health  Spirituality  Survivorship



**TOTAL FEES**

(Total Conference Fees plus Membership Dues) \$ \_\_\_\_\_

**Payment Information**

Make checks payable to APOS. Remittance must be in U.S. Dollars. A \$25 surcharge will be assessed to cover any collection fees.

Credit Card (Please circle): Visa Mastercard American Express Check # \_\_\_\_\_

Card number: \_\_\_\_\_ Exp Date: \_\_\_\_\_ CV2 Code\*: \_\_\_\_\_

Cardholder: \_\_\_\_\_ Phone: \_\_\_\_\_

\*The CV2 code is the three digit security code located on the signature strip on the back of Visa and Master Cards. American Express cards have a four-digit security code located on the front.

STUDENT VERIFICATION

I verify this registrant is and/or will be a student or trainee, as defined by APOS, at the time of this conference.

Advisor/Dept Chair Signature \_\_\_\_\_

Title \_\_\_\_\_ Date \_\_\_\_\_